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6 Beyond social learning

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29 Abstract

Cultural evolution requires the social transmission of information. For this reason, scholars have 30 emphasized social learning when explaining how and why culture evolves. Yet cultural evolution 31 results from many mechanisms operating in concert. Here, we argue that the emphasis on social 32 learning has distracted scholars from appreciating both the full range of mechanisms contributing 33 to cultural evolution and how interactions among those mechanisms and other factors affect the 34 output of cultural evolution. We examine understudied mechanisms and other factors and call for 35 a more inclusive program of investigation that recognizes the role of mechanisms across levels of 36 organization, spanning the neural, cognitive-behavioral, and populational levels. To guide our 37 discussion, we focus on factors involved in three core topics of cultural evolution: the emergence 38 of culture, the emergence of cumulative cultural evolution, and the design of cultural traits. 39 Studying mechanisms and other factors across levels can add explanatory power while revealing 40 gaps and misconceptions in our knowledge. 41

42 **1. Introduction**

Scholars studying how and why culture evolves have long focused on social learning. This 43 makes sense. For many researchers, culture *is* socially-learned information [1-3], making social 44 learning central in the emergence of culture and a natural starting point when studying cultural 45 evolution. In line with this focus, scientists aiming to explain the uniqueness of human culture 46 began by asking how social learning differs between humans and our closest relatives [4], 47 inspiring comparative research directed at pinpointing the learning capacities that set humans 48 apart [5,6]. Similarly, scientists interested in the origins of cultural adaptations (e.g., igloos, 49 food-processing) began by asking how social learning, when iterated, gives rise to adaptive, 50 cultural evolutionary processes [7]. This focus has been productive, yielding valuable insights 51 52 about cultural transmission, cultural adaptation, and capacities that distinguish humans from other primates [6,8,9]. 53

Despite the value of studying social learning—defined here as learning that occurs 54 through the acquisition of information from a social source-the current focus has two major 55 limitations. First, it distracts from other important factors. Growing evidence suggests that many 56 mechanisms aside from social learning contribute to cultural evolution. The emergence of culture 57 hinges not only on social transmission but on cognitive capacities enabling innovation, too. 58 Cumulative cultural evolution depends on high-fidelity transmission, yes, but just as critically on 59 cognitive flexibility and the frequency of interaction between cultural learners. And cultural 60 traditions exhibit features that are crucially shaped by factors such as status asymmetries, biases 61 involved in traits' evaluation, and the distribution of beliefs within groups. We do not deny that 62 social learning is important, nor do we assert that scholars do not appreciate that other 63 mechanisms contribute. Rather, we contend that the focus on social learning may distract from 64

complementary mechanisms that help explain central research foci, such as why some specieshave culture or how cumulative cultural evolution emerges.

A second limitation of the focus on social learning is that researchers commonly treat it 67 simply as an expressed behavior, blackboxing underlying mechanisms [8,10]. Blackboxing is, of 68 course, a necessary first step when explaining any behavior. A researcher trying to explain the 69 70 spread of prosocial religion might point to its effects on cooperation, abstracting the molecular interactions and neural processes involved in cooperative decision-making. To do otherwise-to 71 consider each molecule or firing neuron-would be unmanageable. But blackboxing also carries 72 risks. In the case of social learning, one problematic consequence is the resulting assumption that 73 different behaviors, such as social and non-social learning, have distinct neurocognitive 74 underpinnings and thus constitute independently evolving "traits" [11]. A related risk is that 75 ignoring the mechanics of social learning overlooks the possibility that many learning behaviors 76 may be the products of less specialized cognitive building blocks (see [12] for a similar argument 77 78 as applied to other apparently derived human abilities). A complete understanding of cultural evolution requires considering mechanisms and other factors ("factors" from here onwards) 79 across levels of organization and appreciating how interactions among factors affect the output 80 81 of cultural evolution.

Here we review promising and understudied factors contributing to cultural evolution. We organize these into three levels of organization: neural, cognitive/behavioral, and populational (Box 1). Our goal is to identify factors that add explanatory power while revealing erroneous assumptions and gaps in our knowledge of how and why culture evolves. We also review the mechanistic underpinnings of social learning to demonstrate how peering into the black box can transform our understanding of culture.

| 88 | Our aim is not to comprehensively enumerate the factors that affect cultural evolution. |
|-----|---|
| 89 | Instead, it is to point readers towards overlooked factors while illustrating the value of a |
| 90 | multilevel approach. In that vein, we focus three questions that have arguably attracted the most |
| 91 | attention in cultural evolutionary research: |
| 92 | 1. What explains the emergence of culture? |
| 93 | 2. What explains cumulative cultural evolution? |
| 94 | 3. What explains the design of cultural traits? |
| 95 | |
| 96 | Box 1. Three levels of organization |
| 97 | We structure our discussion of mechanisms and other factors into three levels of |
| 98 | organization: |
| 99 | 1. The neural level concerns neurons and their interaction. Neural factors include |
| 100 | neurophysiology, the structure of neural networks, and the density of neurons. |
| 101 | 2. The cognitive-behavioral level concerns both mental computations and their |
| 102 | behavioral outputs. Mental computations include algorithms involved in |
| 103 | perception, kin detection, and representations of possibility. Behavioral outputs |
| 104 | consist of actions resulting from the interaction between individuals' internal |
| 105 | processes and their environment. Critically, cognition and behavior are distinct |
| 106 | levels of organization. However, we treat them together here because of the |
| 107 | difficulty of sometimes isolating mental computations from their behavioral |
| 108 | outputs. |

3. The populational level concerns features of populations such as size, structure,
and density, as well as by traits that only exist at the group-level, such as markers
of group identity.

Readers should note three complexities. First, these levels are hierarchically 112 structured. Cognition, for instance, consists of mental computations that emerge from 113 interactions among neurons. Second, there are other levels of organization buried within 114 these three levels. Interactions among neurons, for instance, may give rise to neural 115 networks, whose interaction might in turn manifest as cognition. Finally, a phenomenon at 116 any level can be influenced by entities at both lower and higher levels. Cognitive algorithms 117 are patterned abstractions of neural activity, but they can take as inputs information about 118 population-level variables, such as levels of competition. 119

120

121 **2.** Factors contributing to the emergence of culture

Why do some species have culture, while others do not? Given that culture relies on the social 122 transmission of behavior, attention has focused on social learning capacities, mostly in 123 vertebrates, but in insects as well [6,13]. Here, we examine social learning at different levels of 124 explanation and consider other factors potentially involved in the emergence of culture. We 125 review evidence that species such as bumblebees engage in cultural transmission using general-126 purpose learning mechanisms. Given that these general learning mechanisms are shared widely 127 among animals-and are likely much more widespread than culture-we consider how 128 capacities aside from social learning, such as memory, innovation, and social interaction, may 129 underlie the emergence of culture. 130

131

132 **2.1. Neural**

Research on neural mechanisms helps specify which faculties are involved when an individual 133 learns from another, resolving whether particular neural specializations are necessary for cultural 134 transmission. Studies of the neurogenetics of social learning among model species where genetic 135 and molecular tools are available show that the neural machinery for social learning overlaps 136 137 considerably with that of non-social learning and that such machinery exhibits commonalities across taxa. In primates and rodents, social information triggers activity in the same reward 138 pathways involved in non-social learning, such as the ventral striatum and medial prefrontal 139 cortex [14-16]. Work on rodents and humans suggest that, at least when socially learning about 140 threats, both social and non-social information are processed in a common value-representation 141 circuits [17]. Similarly, in *Drosophila*, the neurotransmitters [18] and functions of neural 142 structures [19] involved in social learning are the same as those involved in non-social learning. 143 Research indicates that these structures play a role in learning, memory, and reward in 144 145 vertebrates, suggesting a phylogenetically ancient origin [18,20]. Although social learning also incorporates information that non-social learning does not [17,21], the capacity to learn from 146 others emerges from mechanisms designed for learning more generally [17]. 147 148 Among the neural mechanisms of learning, those underlying long-term memory are critical because they allow social information to be encoded [22]. Despite their importance, 149

150 however, such mechanisms remain largely overlooked in the study of cultural transmission. As

biologists recognize, long-term memory must involve the fine-tuning of gene expression, i.e.

epigenetic change, making it a promising direction of future study (Campanelli et al., 2019;

153 Fischer, 2014). Although the mechanistic understanding of memory formation remains shallow,

research has shown that blocking major epigenetic routes interferes with memory formation. In

rats, for instance, the inhibition of the DNA methyltransferases fully blocks contextual fear
conditioning, as well as memory formation, following the rapid methylation of memory
suppressor genes and demethylation of memory promoting genes in a highly dynamic way in the
hippocampus (Miller & Sweatt, 2007). Studying the epigenetic basis of memory will help clarify
its mechanistic underpinnings and provide insight into the foundations of learning and culture
more broadly.

In short, the striking similarities of mechanistic pathways among vertebrates and invertebrates suggest that the basic mechanisms of culture are ancestral, and that culture may be far more common in animals than previously suspected. Insofar as non-cultural species have general-purpose learning mechanisms, and therefore some form of social learning, explaining the emergence of culture will require examining capacities aside from social learning.

166

167 **2.2. Cognitive-behavioral**

Research on cognitive-behavioral mechanisms further demonstrates that social learning can 168 emerge from general capacities serving to acquire information, whether or not that information 169 comes from a social source [28]. Consider bumblebees, which copy the foraging preferences of 170 171 other hive members [29]. Researchers studying this behavior have found evidence that bumblebees engage in second-order associative learning. In the same way that Pavlov's dog 172 173 associated a metronome tick with food, bumblebees seem to learn to associate the presence of 174 conspecifics with rewards. And just as Pavlov's dog could then learn secondary associations (e.g., salivating at a black box associated with a metronome tick), bumblebees may learn stimuli 175 associated with conspecifics because they are reliable indicators of rewards [30]. Researchers 176 177 have provided support for this explanation using a series of ingenious experiments. They have

shown that naïve individuals do not yet treat conspecifics as indications of rewards [31], and that
reducing the reliability of social information [32] and associating conspecifics with bitter
substances [31] lead bumblebees to no longer use social information and to avoid stimuli
associated with conspecifics, respectively. Moreover, there is no difference between how trained
bumblebees use information from heterospecifics and how they use information from
conspecifics [33]. Bumblebees socially learn by using general learning mechanisms that are
likely widely shared among animals.

If social learning can occur with widespread, general learning mechanisms, then which 185 additional capacities are needed for culture? One potentially crucial enabler of culture is the 186 capacity to innovate, which generates cultural variation [34,35]. Although scholars have 187 considered innovation when explaining cumulative cultural evolution [36,37], the capacities 188 underlying innovation have gone largely overlooked in explaining why some species have 189 traditions. The importance of innovation has been demonstrated again with bumblebees. Alem et 190 191 al. [38] found that a technique on a string-pulling task could diffuse from a knowledgeable bumblebee to the majority of a colony's foragers. Yet they also found that virtually no 192 individuals could innovate the technique on their own. Bumblebees, like Drosophila [22], have 193 194 the abilities necessary to maintain and transmit culture, but it remains unclear whether bumblebees can generate enough cultural variation. An animal's capacity to innovate seems to 195 196 hinge on factors such as motor variability, persistence, exploration, analogical reasoning, 197 neophilia, and learning speed [39–42]. Given that species vary greatly in their tendency to innovate [43,44], the underlying capacities for innovation may be critical for determining 198 whether a species has culture. 199

200

201 2.3. Populational

Population-level variables are usually invoked to explain cultural complexity and aspects of 202 cultural form (see sections 3 and 4). But they are also likely key for whether a species has culture 203 in the first place. The capacity to learn socially has been observed in supposedly solitary species 204 such as the common octopus [45] and the red-footed tortoise [46]. If, as Heyes [11] suspects, 205 206 conspecifics interact infrequently in these species, it is unlikely that they have culture. For a cultural tradition to persist, individuals need to interact frequently enough for cultural traits to 207 transmit. Individuals should be tolerant and sufficiently gregarious, both cognitive-behavioral 208 tendencies that, in turn, have population-level effects [47]. In many cases, interaction alone does 209 not appear sufficient. Experiments with humans suggest that multiple exposures are necessary 210 for a trait to remain stable [48,49], while theoretical work suggests that, under many conditions, 211 uniparental transmission is not sufficient to maintain culture [50]. Moreover, given that many, if 212 not all, cultural traits are only expressed in particular circumstances, such as foraging, mate 213 choice, and food processing [51], the likelihood that a species exhibits cultural traditions should 214 vary with the number of contexts in which conspecifics interact. 215

216

3. Factors contributing to cumulative cultural evolution

While the capacity for culture is present across a broad taxonomic range, the capacity for
cumulative culture (i.e. the repeated modification and social learning of cultural traits over
successive generations [52]) seems to be absent, or at least uncommon, in other species. Recent
research suggests that some non-human animals may exhibit simple forms of cumulative cultural
evolution (CCE) [53–55], but the diversity and complexity of human cumulative culture remain
unparalleled [9].

Despite attempts to identify the mechanisms responsible for cumulative culture (e.g., 224 [56–58]), there is still no consensus on what makes human culture so distinctive. Because CCE 225 only operates when information is passed socially, scholarly attention has focused on capacities 226 that promote informational stability. At the individual level, these include social learning abilities 227 that support high-fidelity transmission, such as imitation and teaching [59,60]. At the group 228 level, scholars have stressed the role of the size of the population that shares social information 229 in buffering the risk of losing cultural traits [61]. Still, theoretical work shows that factors that 230 support the production of new traits are no less important than factors that promote their 231 maintenance to explain CCE [37]. Furthermore, mechanisms that support high-fidelity 232 transmission only become important when individuals are willing to abandon previous behaviors. 233 Explaining CCE requires recognizing the explanatory role of factors that contribute not only to 234 the maintenance of cultural traits but to their production and spread, as well. 235

236

237 **3.1. Neural**

Evolutionary neuroscience can help explain cumulative cultural evolution by uncovering the 238 human neural mechanisms that promote the production, spread and maintenance of cumulative 239 240 culture [62]. Davis et al., for instance, attributed the existence of CCE partly to humans' unique behavioral flexibility, which allows individuals to relinquish existing behaviors to adopt more 241 efficient ones [63]. The neural underpinnings of this flexibility are still unclear [12], but recent 242 243 research has identified one potential mechanism. Cross-species investigations tracking the activity of single neurons indicate that human brains trade off robustness (in terms of higher 244 speed of response and increased reliability) for greater efficiency in information processing. This 245

lower robustness promotes the flexible learning of new tasks and adaptation to new conditionsalthough at the cost of slower and less reliable production of behavioral responses [64].

Cultural evolutionary researchers have also suggested that creativity and innovation 248 might enable cumulative cultural evolution ([36,37]; see also [34]). Indeed, the modification of 249 cultural traits includes what researchers call "guided variation", wherein human intention and 250 251 intelligence produce cultural variants that are on average culturally more successful than would be expected by chance [7]. Evolutionary neuroscience research allows us to pinpoint the precise 252 faculties that might underpin the production of guided variation. For instance, comparative 253 studies have revealed that humans possess unusually large brains (both in terms of absolute and 254 relative size) and that absolute and relative brain sizes correlate with innovation frequency in 255 primates [44]. Furthermore, human brains contain more cortical neurons than those of any other 256 mammals, which allows more neuronal specialization and increases the number of computational 257 levels involved in information processing, decision-making, and information storage [65,66]. 258 These examples demonstrate how considering the neural basis of human uniqueness might help 259 explain our capacity for elaborate cumulative cultural evolution. 260

261

262 **3.2. Cognitive-behavioral**

Humans exhibit several cognitive-behavioral capacities aside from social learning that allow the propagation of complex cultural traits. One example is the capacity for future thinking and mental time travel [57], which may be limited to humans [67]. Mental time travel is potentially important because acquiring complex culture can be costly. Stout [68] observed that an apprenticeship in adze-making in the New Guinean village of Langda began at the age of 12-13 and lasted for several years, although "it might take ten years of more for the highest level of skill to be achieved." Ache hunter-gatherers do not peak in their marksmanship skills until the
age of 40 [69]. A sensitivity to short-term self-interest might prevent individuals from investing
in learning behaviors that confer benefits later in life. By making salient the long-term benefits,
mentally travelling forward in time might make individuals more tolerant of learning costs and
more willing to adopt unfamiliar behaviors.

274 The propagation of cultural traits that are not immediately beneficial might be further supported by our comparatively greater motivation to attend to sources of social information 275 (e.g., [70]). Indeed, social learning abilities only become important when individuals are 276 motivated to pay attention to what other are doing. Evidence for the role of this tendency in the 277 propagation of cultural traits comes from comparative experiments conducted with humans and 278 other apes. Compared to chimpanzees, for instance, children are more likely to solve problems 279 which they have failed to solve for themselves upon exposure to social information 280 demonstrating the solution [71–73]. Thus, human motivation towards social information may 281 have the effect of allowing rapid acquisition of effective techniques that are difficult to innovate 282 from scratch. Importantly, this tendency might be connected to other well-developed human 283 capacities, such as theory of mind and metacognition, which allow humans to recognize intention 284 285 behind another's behavior and infer utility from social demonstration.

Finally, cumulative cultural evolution should be favored by humans' communication, a capacity that remains understudied in the cultural evolutionary literature. Humans communicate in a way that is, if not unique to our species, certainly distinctive [74,75]: Human communication is not just intentional, it is *overtly* intentional. Through behaviors such as eye contact, motherese, stylization, and exaggeration, communicators show audiences that an action is done *for* the audience—and this 'for-ness' helps audiences interpret the stimuli [76,77]. Human infants can differentiate among behaviors produced (i) accidentally, (ii) intentionally but not

communicatively (i.e. without overt intentionality), and (iii) communicatively (i.e. in an overtly
intentional way) [78–83]. Overtly intentional communication (and particularly language) allows
potential learners to query what they do not understand, and allows experienced individuals to
explain, justify, and instruct, as appropriate to the needs of the learner [84,85]. Communication,
like attention towards social stimuli, may enable cumulative cultural evolution by promoting the
opportunity for social learning, as well as the fidelity of transmission.

299

300 **3.3. Populational**

The population-level variables most often invoked to explain cumulative cultural evolution are 301 population size and structure. According to experimental and theoretical work, population size is 302 important because the risk of losing cultural information varies with the number of potential 303 demonstrators [86]. As the number of demonstrators declines, the risk of losing cultural 304 information increases. Meanwhile, population structure is important because individuals' 305 opportunity for innovation varies with the cultural diversity they encounter [87–89]. In studying 306 these mechanisms, researchers typically assume that individuals have unconstrained access to 307 308 others' solutions. Yet in more realistic situations, skilled demonstrators might have no interest in providing useful information to unrelated individuals [90]. This limitation suggests that more 309 310 attention should be paid to the formation of social links that are conducive to cultural 311 transmission. A recent study in hunter-gatherer populations revealed that individuals invest early in their childhood in a few close friends and that friendship facilitates the sharing of social 312 information during adulthood [91]. Other studies have reported that social links are more likely 313 314 to form between people who share similar traits [92,93]. Group-level traits, such as stylistic

markers of group identity, might thus promote CCE by extending the size of the social network 315 through which cultural information can flow. Finally, group-level factors, such as the intensity of 316 group-level competition, might influence individuals' propensity to share information. Indeed, 317 experimental work shows that demonstrators set lower informational access costs (the costs that 318 potential learners must pay in order to access the demonstrators' information) when their groups 319 320 engage in between-group competition [94]. In these examples, population-level mechanisms shaping cumulative cultural evolution stem from individuals' propensities to connect and share 321 information. A better understanding of these mechanisms will help clarify how individual-level 322 interactions produce population-level dynamics, resulting in the emergence of cumulative 323 cultural evolution. 324

325

4. Factors contributing to the design of cultural traits

Why do cultural traits exhibit the features that they do? As with research on culture and 327 cumulative cultural evolution, research on the factors responsible for the design of cultural traits 328 grew out of a focus on social learning. Researchers interested in explaining adaptive culture-329 variants that allow individuals to better exploit their environments-began a fruitful tradition of 330 building theoretical models in which iterated social learning gives rise to emergent cultural 331 evolutionary processes [7,95]. These include models in which success- and prestige-biased 332 learning drives the selection of variants that promote prestige, health, and other indicators of 333 success, and in which conformity and other learning biases create enduring group-level 334 differences, allowing for selection among equilibria (cultural group selection). Of course, 335 researchers appreciate that other forces shape cultural form. Boyd and Richerson acknowledged 336 the role of content biases, while proponents of Cultural Attraction Theory have long advocated 337

that features of our cognitive architecture favor some variants over others [96,97]. Nevertheless,
we here propose that research on cultural form will benefit from considering factors beyond the
most commonly cited cultural evolutionary processes. We highlight the value of a multilevel
approach and the advantages of incorporating insights from fields such as economics and
political science, which have long aimed to explain the form of institutions specifically [98–100].

344 **4.1. Neural**

Examining neural underpinnings can help explain why cultural traits exhibit the features that 345 they do in at least two ways. First, basic neural mechanics constrain the design of cultural traits. 346 For instance, Nieder [101] argues that neuronal mechanisms of estimating number, which are 347 products of a phylogenetic heritage, contribute to the relative ease of discriminating numbers of 348 low values (e.g., 1 and 2) over discriminating numbers of higher values (e.g., 783 and 784). This, 349 in turn, seems to shape numbering systems, biasing them to discriminate among low numbers but 350 not high ones (e.g., low-limit number systems such as "one", "two", "many") [102]. 351 Studying neural underpinnings can also illuminate the structure of cognitive systems, 352 helping explain how our mental computational systems bias which representations we adopt. An 353 354 example is mind-body dualism. Researchers hypothesize that mind-body dualism, manifesting as beliefs in souls, ghosts, zombies, and possession, results from a computational division between 355 356 processing mental information and processing physical information [103]. Although 357 psychological experiments can indirectly indicate whether information of the two kinds is processed separately [104,105], another test involves examining where in the brain that 358 information is represented. In that vein, research now suggests a division between those brain 359 360 areas or networks specialized for social cognition and those specialized for physical cognition

[106]. Notably, the value here of examining neural activity is that it sheds light on the
functioning of cognitive mechanisms at higher levels. Studying a cognitive mechanism at the
neural level allows us to better characterize the mechanism's behavior and its effects on cultural
forms (see a similar approach in the field of neuroaesthetics: [107]).

365

366 4.2. Cognitive-behavioral

Researchers have made major progress applying cognitive science to explain the design of 367 cultural traits. Many cognitive and social scientists, for instance, ask how reliably developing 368 features of human psychology predispose people to find certain variants more memorable, 369 believable, entertaining, attention-grabbing, or apparently useful [96,97,108–111]. Such 370 researchers have used attentional biases to explain portraits [112], epistemological mechanisms 371 to explain divination [113], mechanisms for representing agents to explain gods [114], suites of 372 automatic inferential systems to explain economic beliefs [115], the mechanics of emotion to 373 explain story [116–118], the psychology of outrage and paranoia to explain witchcraft [119], and 374 systems for identifying causality and conceptualizing humanness to explain shamanism [120]. 375 Researchers have also found that people preferentially remember and transmit negative 376 377 information [121], threat-related information [122], elements eliciting disgust [123], and information about social interactions and relationships [124,125], helping explain the form of 378 379 news [126,127], fiction [128,129] (although see [130]), urban legends [125], and online 380 misinformation [131].

As this diversity demonstrates, studying psychological systems is potent for understanding how features of human cognition fashion culture. But scholars have overlooked at least one additional set of capacities: the subjective psychological criteria involved in evaluations

[132,133]. Evaluation crucially contributes to the development of much of culture. People often 384 selectively copy and retain variants they evaluate as serving their goals, over time resulting in 385 increasingly compelling cultural traditions. Still, mechanisms for evaluating causal relationships 386 can be erroneous, resulting in ineffective practices. In a well-known example, scouts and 387 managers of baseball teams evaluated players on the basis of easy-to-observe traits, while 388 389 undervaluing traits that seemed out of a player's control (e.g., their ability to take walks) [134]. This, in turn, led to systematic inefficiencies in the design of teams. Similarly, humans are 390 endowed with cognitive mechanisms for evaluating whether some technology produces a desired 391 end. However, biases in these mechanisms predispose us to note erroneous causal relationships, 392 such that acting on one object (such as a voodoo doll) is thought to affect the target it resembles 393 (a rival) [135]. Magical practices seem to evolve because they are subjectively evaluated as 394 producing a desired end, even though they are ultimately ineffective [136]. Characterizing the 395 psychological mechanisms involved in evaluating efficacy will help explain the evolution of 396 functional complexity, systematic inefficiencies, and elaborate but ineffective technologies. 397 398

399 4.3. Populational

There are many population-level properties aside from population size or structure that shape
culture yet remain underexplored in the cultural evolution literature. Perhaps the two most
important are power and competition.

Power is the capacity of a party to change other parties' behavior [137]. There are many
ways in which distributions of power can shape culture, but the most important is when
individuals compete to institute and maintain self-serving rules [138,139]. The form of these
rules is frequently determined by the parties' relative abilities to enforce their preferences.

Distributions of power explain, among many other outcomes, food taboos in small-scale 407 societies, rules for how children should treat fathers, institutions of redistribution throughout 408 Polynesia, and the political institutions of colonial powers and their local inheritors around the 409 world [138,140,141]. Of course, just as distributions of power shape institutions, institutions can 410 shape distributions of power [141]. Still, power leaves such defining marks on institutions and 411 412 practices that it has become the primary lens through which scholars in fields such as Marxist and feminist anthropology analyze culture. Although cultural evolutionary scholars have begun 413 to consider power when explaining practices such as religion [142] and human sacrifice [143], 414 and although some have considered it as an outcome of interest [144], it should be considered 415 when explaining any tradition that involves conflicts of interest among competing parties. 416 Another population-level characteristic that partly determines cultural form is the 417 intensity of competition, whether between individuals or groups. Competition determines how 418 much competing parties invest in services or signals, driving variation in the elaborateness of 419

culture. In markets, higher competition among service providers drives up the quality of services,
transforming products including cars, supermarkets, and even the trance performances of
shamans [120,145,146]. Increased status competition, which may be driven by rising inequality,
is correlated with higher investments in signaling, presumably as individuals want to
discriminate themselves from competitors [147]. This manifests in increasingly showy signs of
wealth and status, transforming practices ranging from potlatches [148] to female adornment on

426 social media [147].

Population-level mechanisms aside from power and competition shape culture, as well.
One example is what researchers call "common knowledge"—roughly, recursive, shared beliefs
that enable coordination [149]. Without channels facilitating widespread coordination,

populations often sustain suboptimal practices, even when the majority of individuals prefer to
change them. Social scientists posit that such "pluralistic ignorance" has maintained suboptimal
norms and institutions including drinking behavior on US college campuses [151] and restricted
female labor force participation in Saudi Arabia [152].

434

435 **5.** Conclusion

Explanations for the existence, accumulation, and design of cultural traditions benefit from a 436 perspective that is both broad and deep, that both considers interactions among a web of 437 mechanisms and other factors and clarifies their contribution by probing their deeper workings. 438 Not only does such a perspective reveal that a more diverse set of factors shapes culture, but it 439 440 also suggests that explanations currently regarded as alternatives are, in fact, complimentary. We reviewed potential factors at the neural, cognitive-behavioral, and populational 441 levels. But other levels are relevant too, including the genetic, epigenetic, and inter-populational 442 levels. Moreover, cultural evolution can be influenced and constrained by physiology and 443 existing cultural traditions, as well as the biotic and abiotic environment. For instance, explaining 444 cumulative culture may require not only specifying behavioral differences but anatomical ones, 445 as well. Since Darwin, theorists have hypothesized that unique features of human anatomy, 446 especially bipedalism, were key for setting the evolutionary stage for our greater reliance on 447 tools and cultural knowledge [153]; cultural evolutionists may benefit from considering such 448 anatomical pre-adaptations. Similarly, explaining a cultural artifact like a spear demands 449 considering not only the transmission processes allowing manufacturing knowledge to evolve, 450 but also the anatomy of the primate hand, existing tools and techniques for procuring spear-451 materials, and the animals spear-makers intend to hunt. 452

| 453 | We have proposed many directions of future research in this paper; among the most |
|-----|--|
| 454 | important is the development of studies on culture in non-human animals. The lack of data on |
| 455 | culture in animals likely stems from researchers only recently expanding investigations beyond |
| 456 | charismatic and supposedly intelligent vertebrates. After all, we now have surprising evidence |
| 457 | that even insects may have culture [22,38], suggesting that culture is phylogenetically ancient, |
| 458 | present among ancestors that lived hundreds of millions of years ago. This constitutes a |
| 459 | stimulating challenge for the study of the foundations of cultural evolution. |
| | |

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