

Regulating decision-making after unfair treatment by others; behavioral and neural responses and the influence of interoception

Although adequate emotion regulation is considered to be essential in everyday life, it is especially important in social interactions where decisions made can have far reaching consequences. More explicitly, the ability to regulate our emotions allows us to influence and change how we interact with others in the face of inequity. Here I will cover two studies aimed to evaluate the behavioral and neural responses of different emotion regulation strategies on decision-making after unfair treatment in the Ultimatum Game. A third study will address the association between the ability to regulate and awareness of our bodily responses, referred to as interoceptive awareness, after unfair treatment in the Ultimatum Game.